

klēn

FOR A CONFIDENT SMILE

CONFIDENT SMILE, ALWAYS

TOP SECRETS TO FRESH BREATH

FRESH BREATH ALL DAY



ONE

CLEAN THAT TONGUE

The tongue houses anerobic bacteria, which causes inflammation and bleeding of the gums which creates stinky breath. Use our tongue scraper to cleanse your tongue of all that bacteria.



TWO

BRUSH WITH NATURAL TOOTHPASTE

Brushing your teeth helps nix the plaque and bacteria on the front, back, and the chewing surface. Klen products are all natural, which helps prevent bacteria but keeps your body free & clear from all of the negative side affects of chemicals like parabens + fluoride.

THREE

STAY HYDRATED

Staying hydrated is especially important when it comes to saliva. Saliva has antibacterial and anti-fungal properties that keeps your mouth smelling good.

FOUR

RINSE WITH ALCOHOL-FREE MOUTH RINSE

While we're on the topic of dehydration, go ahead and toss all your alcohol-based rinses because ironically enough, your mouthwash could be your problem. Alcohol dries out your mouth, which leads to more bacteria growth,

FIVE

EAT ALL THE PROBIOTICS

Eating probiotic fermented foods like kimchi, yogurt, and kefir increases the good bacteria in your gut (the large and small intestines and the stomach). And when good bacteria thrive, there's less room for the bad bac, which can give off a not-so-pleasant smell that travels up the digestive tract and into your mouth.



KLEN PRODUCTS FOR A
CONFIDENT SMILE

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